## ~WELCOME~

## Rain Garden Certification Workshop

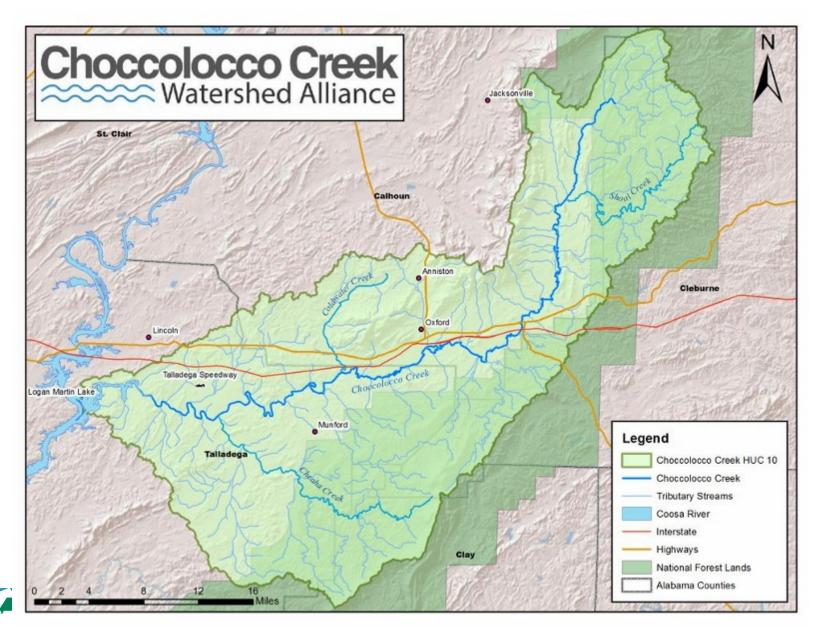
Hosted by the Choccolocco Creek Watershed Alliance, Auburn University and Cooperative Extension

## Choccolocco Creek Watershed Alliance

#### <u>Mission:</u>

"Developing a stewardship effort comprised of informed stakeholders of Choccolocco Creek with a common interest in implementing strategies to improve, protect and promote the watershed."

#### **The Watershed:**



#### A few ways to help protect the watershed....

- Prevent erosion by keeping vegetation intact
- Keep stormwater clean
- Capture run-off

.... Rain Gardens are a great start!

#### A few ways to help protect the watershed....

# Teach others about the watershed ~ and get involved!

## **CCWA Events:**

March 23:CCWA Paired with Renew Our Riversand LMLPAfor Annual Creek Clean-up

April 28:Pinhoti Hike to the Headwaters – guidedby localethnobotanist

May 11: Munford School Get Outdoors Day and Frog Watch October 12: Choccolocco Heritage Festival

October 16 & 17: Watershed Academy with Eve Brantley and guest speakers

\* Paddle trips \* Presentations \* Festivals \* More!

#### CALL AND TOTAL TOTAL PROFESSION

# Thanks for getting involved!



Visit our website for upcoming events and updates within the watershed:

#### Choccolocco Creek o www.choccolocco Creek o watershed Alliance.or

## **Rain Garden Certification**

Alabama Cooperative Extension System Auburn University Local Watershed Projects

> Adapted from North Carolina State University USDA Southern Regional Water Program



#### Goals

- Describe conditions appropriate for rain garden installation
- Offer design guidelines and construction recommendations
- Provide attractive plant options



#### Schedule

- Rain garden basics (need, sites, design, construction, vegetation)
- Design rain garden on site, check out small demonstration site
- Lessons learned, maintenance recommendations
- Certification exam (open book)



#### **Rain Gardens**

Landscape amenities

Homeowner stormwater practice

Not:

- Engineered best management practices
- Regulated stormwater control measures



#### Who is interested?

General public – 'green' trends Regulated local governments Phase I Phase II





#### Phase who?

#### Phase I communities

#### Larger communities with populations of at least 100,000 Huntsville, Birmingham, Mobile, Montgomery





#### Phase II

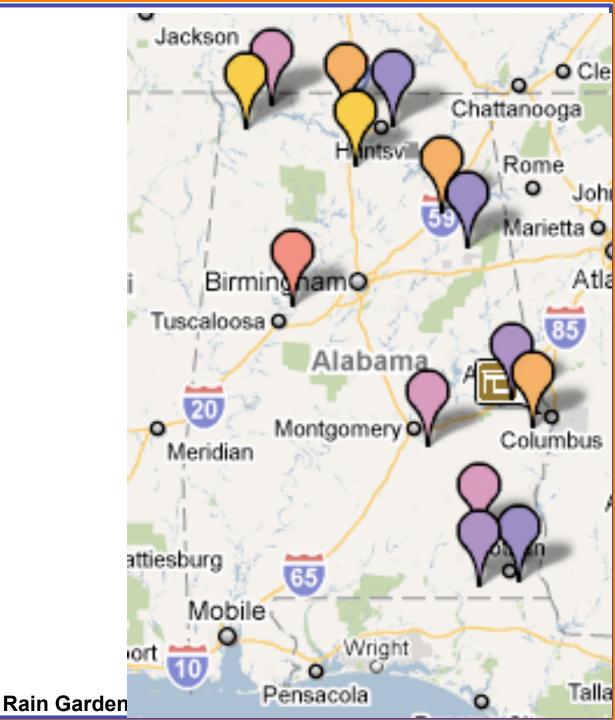
Smaller communities Located in urbanized areas Population of at least 50,000 Overall population density 1,000 per mi<sup>2</sup>







#### Alabama Phase II Communities





Calhoun County: Alexandria, Anniston, Blue Mountain, Bynum, Hobson City, Jacksonville, Oxford, Saks, Weaver, West End-Cobb Town

Colbert County: Muscle Shoals, Tuscumbia, Sheffield

Dale County: Dothan, Grimes, Midland City, Napier, Fields

Etowah County: Attalla, Gadsden, Glencoe, Hokes Bluff, Rainbow City, Reece City, Southside

Geneva County: Malvern

Houston County: Kinsey, Rehobeth, Taylor

Lauderdale County: Florence, Killen, Underwood-Petersville, St. Florian

Limestone County

Lee County: Auburn, Phenix City, Smith Station, Opelika, Auburn University

Madison County: Meridianville, Moores Mill, Redstone Arsenal

Morgan County: Decatur, Trinity

Montgomery County

Russell County: Ladonia

Tuscaloosa County: Tuscaloosa, Coker, Holt, Northport, University of Alabama

## **Stormwater Regulations**

Six minimum control measures:

- 1. Public Education and Outreach
- 2. Public Involvement and Participation
- 3. Illicit Discharge Detection and Elimination
- 4. Construction Site Stormwater Runoff Control
- 5. Post-Construction Stormwater Management
- Pollution Prevention and Good Housekeeping for Municipal Operations



#### **Opportunity to Provide Unique Service**

- Stormwater problems (homeowner, neighborhood, river basin) will continue to increase
- Rain gardens offer relatively easy opportunity to address concerns at the lot level
- Can make a difference at the community level
- 'Certified' rain garden list provided online



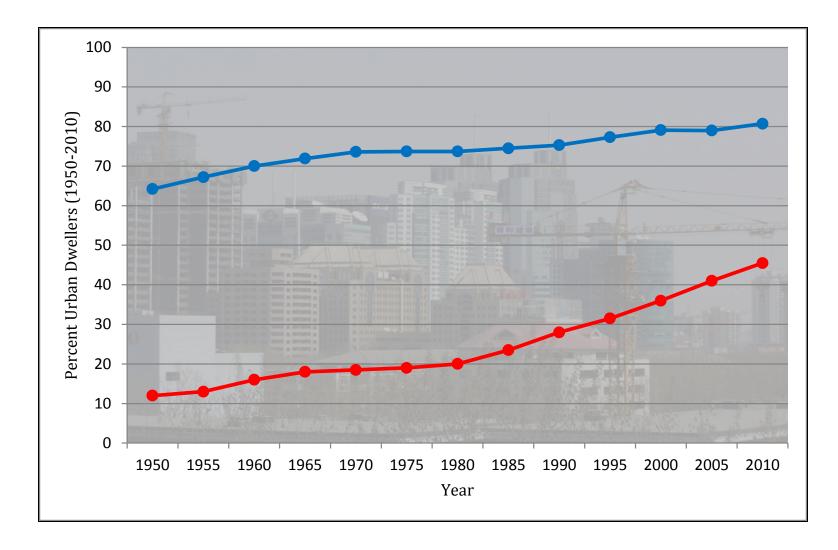
## **Stormwater Overview**

#### Rain Garden Certification Alabama Cooperative Extension System



Adapted from North Carolina State University and USDA Southern Regional Water Program

#### **Urban Population Since 1950**

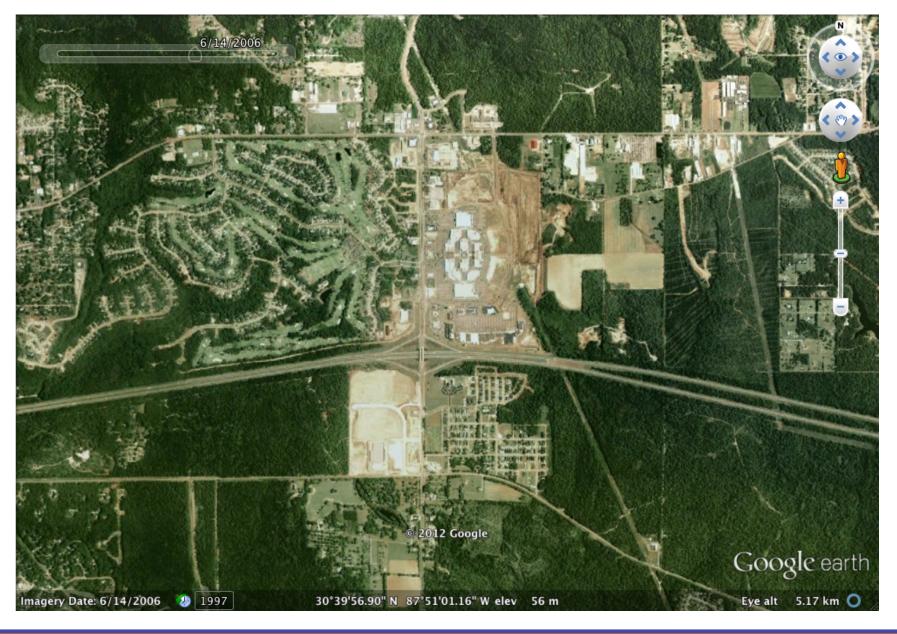




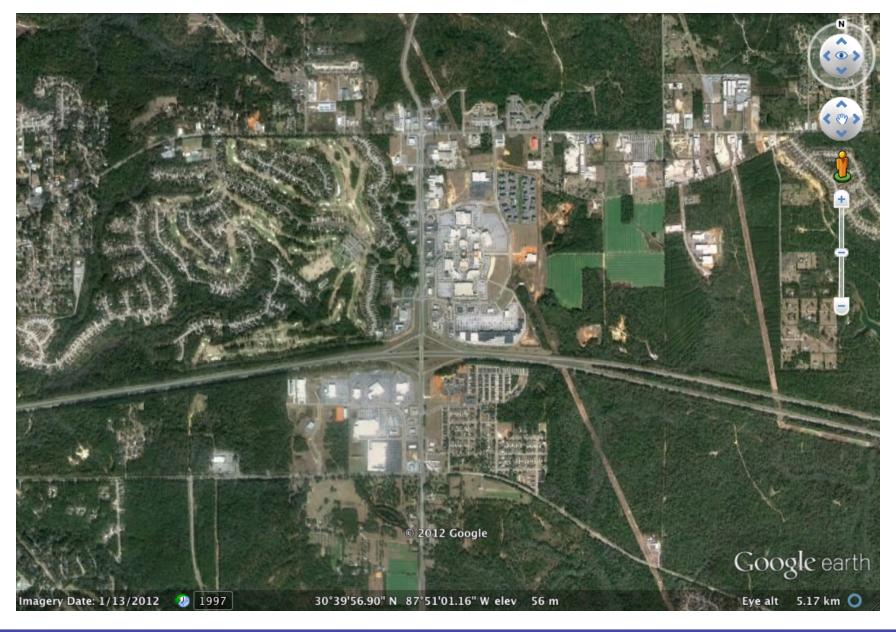
#### Land Conversion



#### Land Conversion



#### Land Conversion



#### More to the story ...

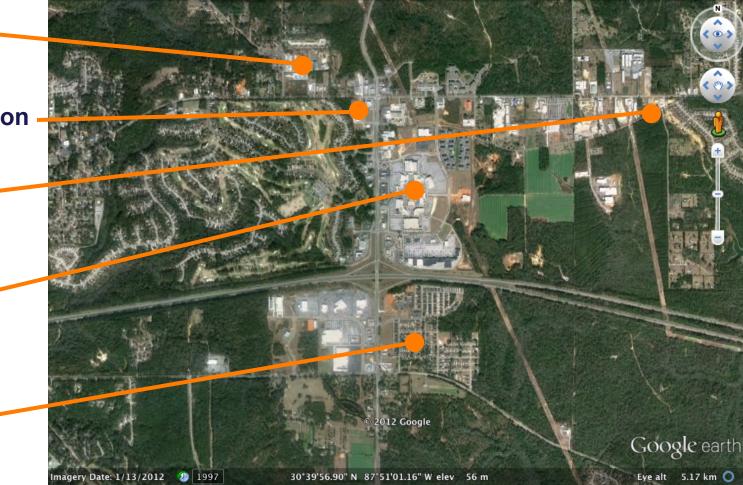
Removal of vegetation

Land compaction

Erosion & - sedimentation

Increase in impervious surfaces

Conventional stormwater management





## What is Stormwater?

Rainwater that washes across yards, roads and parking lots, and flows into streams, creeks and other waterbodies

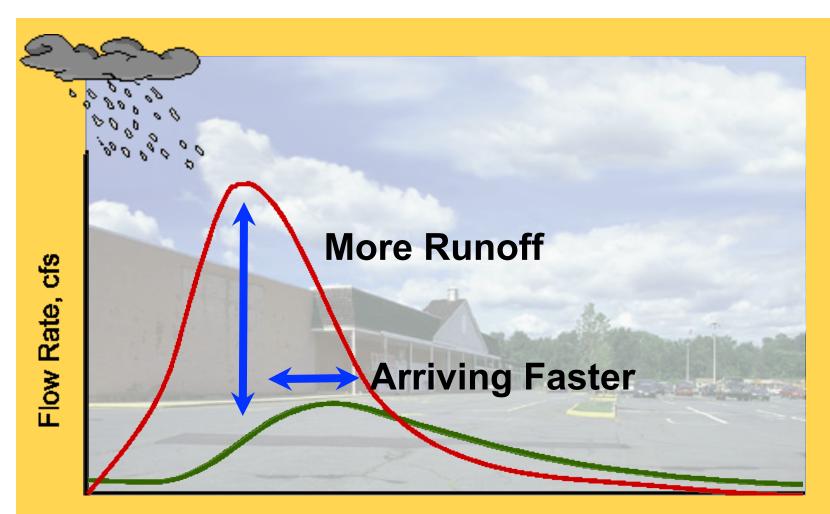






## The Science of Stormwater...



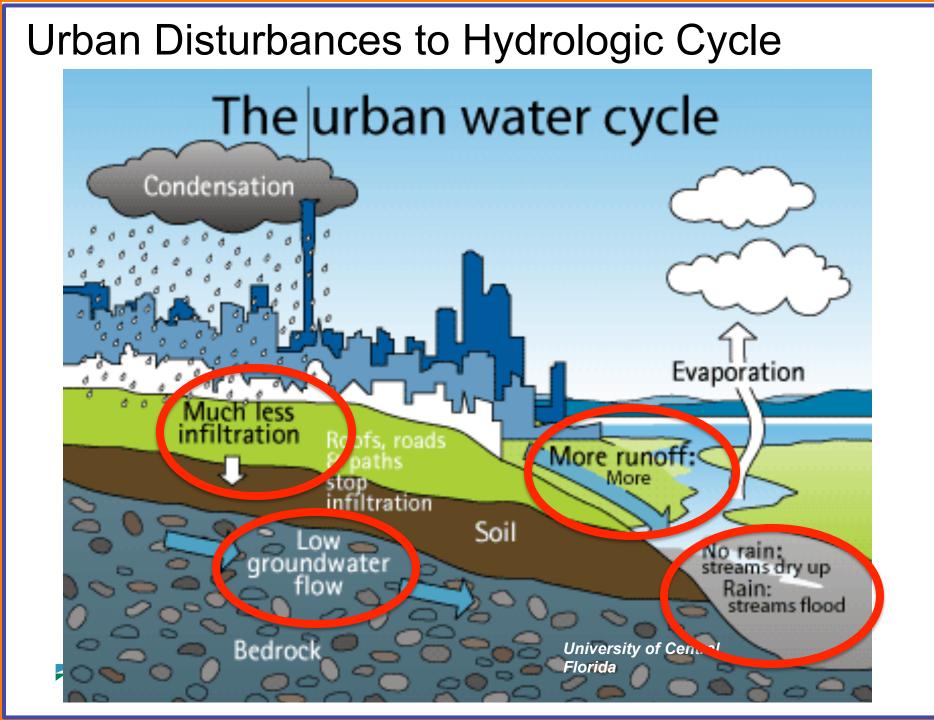


Time, hours



**Rain Garden Certification** 

Courtesy NEMO, Univ. of CT



Runoff: *more* Infiltration: *less* Flooding: *more* Baseflow: *less* 







#### Catching the worst of it

# Most pollutants in stormwater are in first inch of stormwater runoff

#### Called 'first flush'







#### Fertilizers, Pesticides





**Rain Garden Certification** 

Dan Ballard



#### Oil, Gas, Tire / Brake Pad Dust, Toxins









#### Stormwater – Temperature Pollution









#### What are the consequences?

5/14



#### Algal blooms, Nutrient Enrichment





#### **Eroding and Degraded Streams**



## Flooding





Photos courtesy Sabra Sutton, CHM2Hill

#### Water Supply Contamination





**Eric Reutebuch** 

A unique situation...

- 14 major river basins
- ~77,000 miles of rivers and streams
- 50 miles of Gulf Coast shoreline
- 390,000 acres of estuaries
- 3.6 million acres freshwater wetlands

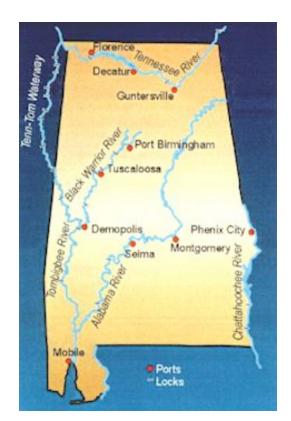


#### Water resources

## 7<sup>th</sup> in the country in perennial stream miles 1<sup>st</sup> in the country in navigable stream miles







#### Water rich

 ~ 10% of the freshwater resources in the continental United States flow through Alabama

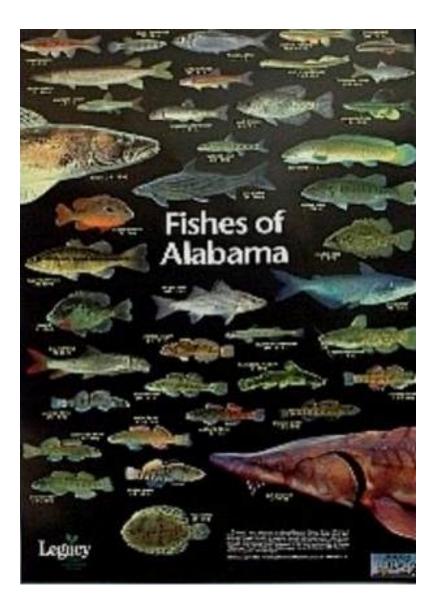
U.S. Geological Survey





#### **Diversity of Aquatic Vertebrates**

- 320 Fishes
  (306 native; 883 in U.S.)
- 73 Amphibians
  (30 frogs, 43 salamanders)
- 81 Reptiles(40 snakes, 28 turtles)





#### **Diversity of Alabama's Aquatic Invertebrates**

118 Snails (historically, the richest diversity worldwide)

180 Mussels(2/3 of North American mussels in AL1/3 now T/E or extinct)



dcnr.state.al.gov

342 Caddisflies (most in U.S.; 1,369 in N. America 146 in Cahaba River)



http://www.gbcma.vic.gov.au/



#### What can we do?

Look at stormwater differently Amenity, not problem ...







## **Rain Garden Overview**





#### Rain Garden Certification Alabama Cooperative Extension System

Adapted from North Carolina State University USDA Southern Regional Water Program



#### What is a Rain Garden?

Shallow depression in a landscape that <u>captures stormwater</u> <u>runoff</u> and holds it a short time

Allows stormwater to infiltrate into soil

An attractive addition to any landscape ~ butterflies, birds, and less lawn to mow





Rain Gardens Improve Water Quality

Handle stormwater at its source.

Keeps water on the surface aiding infiltration

Decreases velocity of water flowing from impervious surfaces

Improves water quality before it enters the stream or drain

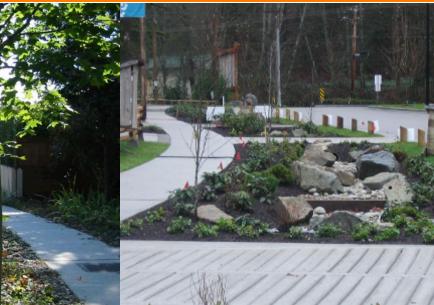
Reduces nutrients, heavy metals, sediment, fecal coliform

<u>Cost effective</u> (average \$2 - \$5 per ft<sup>2</sup>)





#### (after 3 years)





#### Photos http://www.waterbalance.ca





# Rain Garden or Bioretention....?

# It's a matter of scale.....





## Rain Gardens

- Similar plants
- No Professional Engineer (PE) or Registered Landscape Architect (RLA) approval required
- Usually small, 'homeowner sized' (60-100 ft<sup>2</sup>)
- Uses in-place / native soil
- Have customers that like plants? This is for you!

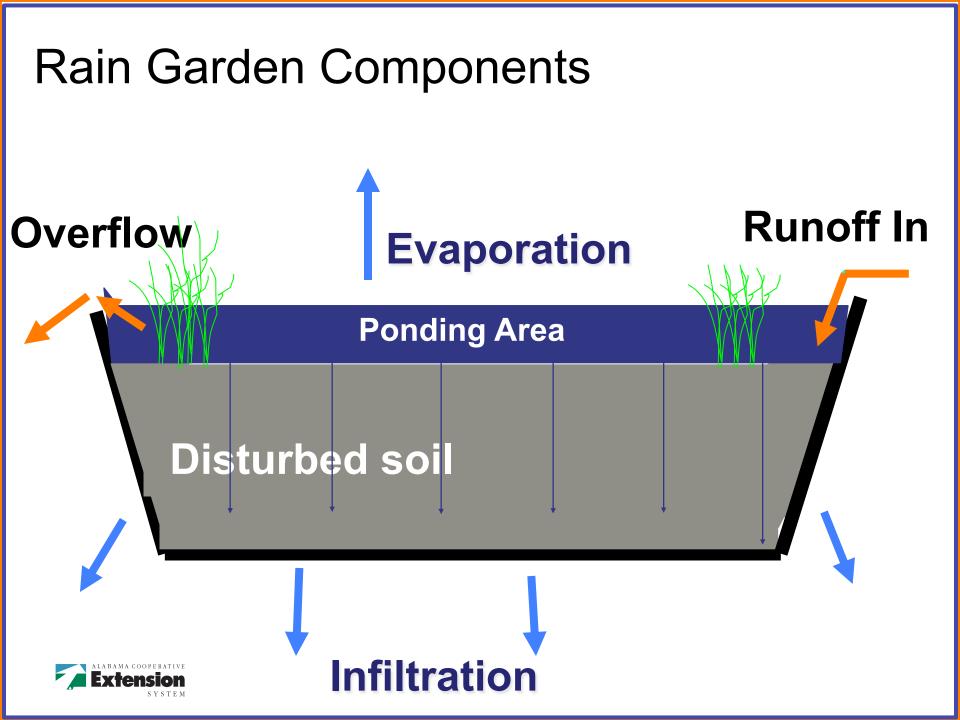
### Bioretention

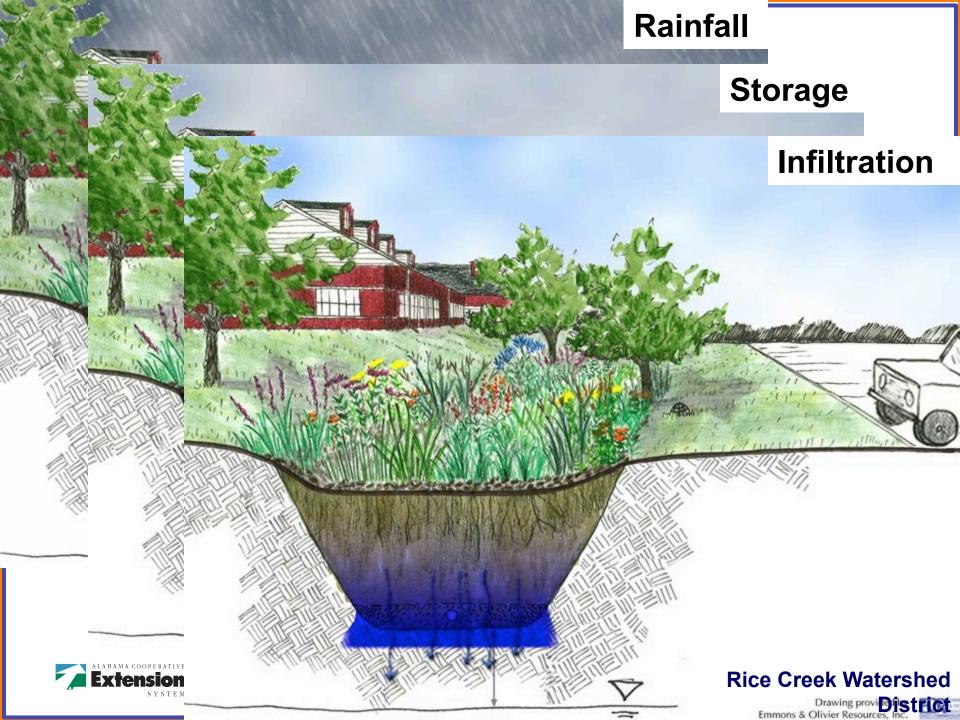
- Similar plants
- RLA / PE approval required
- Can be small very large
- Use specialized engineered soils / soil media to promote pollutant removal
- Use under drains to insure that it drains
- May be installed to meet regulatory requirements
- Documented pollutant removal



#### Rain Gardens are like...







#### Site Investigation and Selection

Where is the best location for a rain garden?

What are the ideal soils?

What are some constraints?



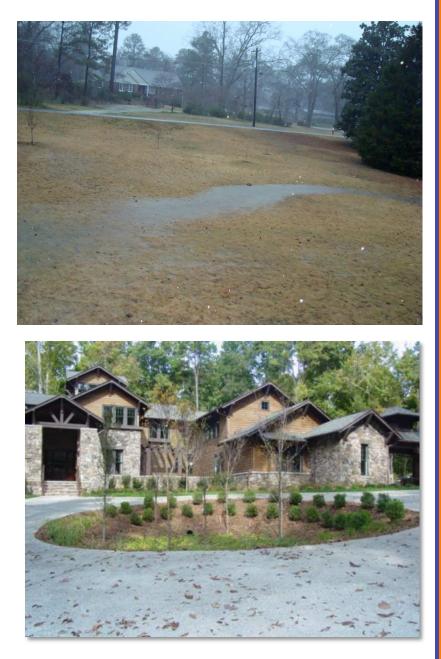
### Site Selection

- 1. Identify potential locations
- 2. Perform infiltration test
- 3. Pick best site based on infiltration rate
- Perform follow up 'deep' infiltration test if site may be influenced by seasonal high water table, hardpan, bedrock
  - 1. Look for grey mottled soils vs. orange soils
  - 2. Evaluate location of water table (especially at coast)



#### Consider

Topography Drainage patterns Downspouts Driveways Ponding





Place your garden between runoff source and destination

Want to intercept water before it reaches surface waters or the storm drain network

Good rule of thumb – 10' downslope of downspout





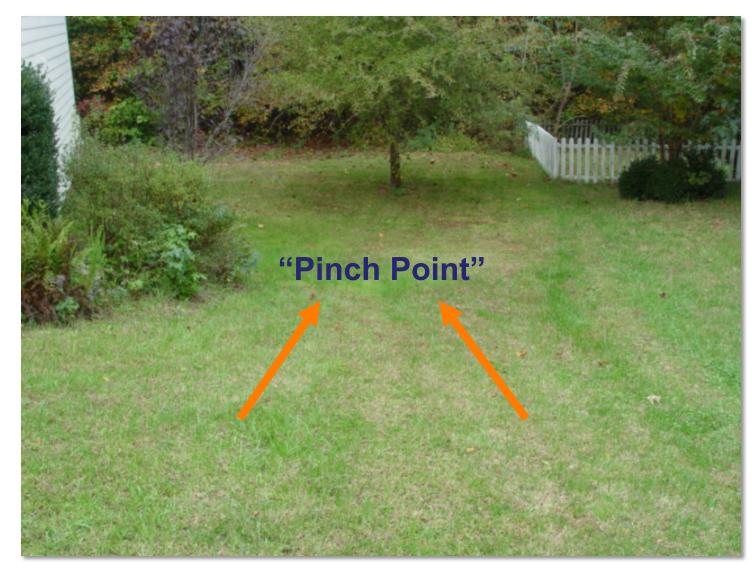




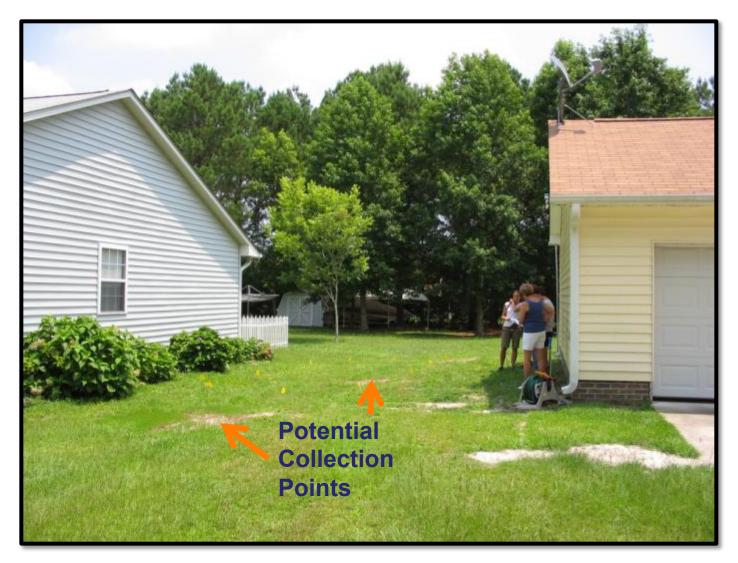












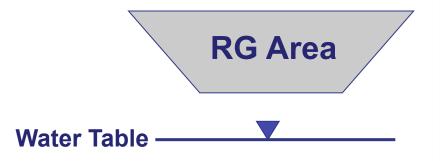


#### Constraints

Seasonally high water table:

2 ft separation from bottom

Utilities: 811 Call before you dig



## **ALABAMA** Know what's **below. Call before you dig.**



#### **Evaluate Soils and Drainage**

Wet, impermeable soil Water remains in test pit 3 days after rainfall Ponded water on surface for extended periods Wetland soils – grey matrix mixed with areas of brown color





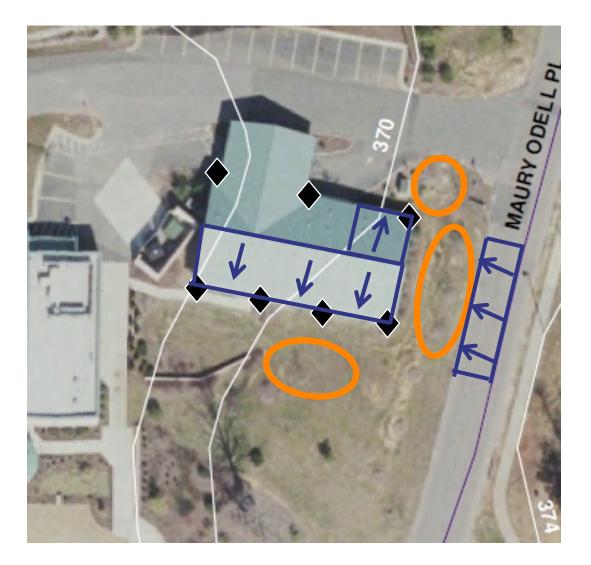
Constraints Building foundations

> 10 ft and NEVER uphill

Septic system drain field Wellhead/ springhead

## >25 ft downhill or laterally and NEVER uphill







#### Integrate into existing landscaping



Photo: NCSU

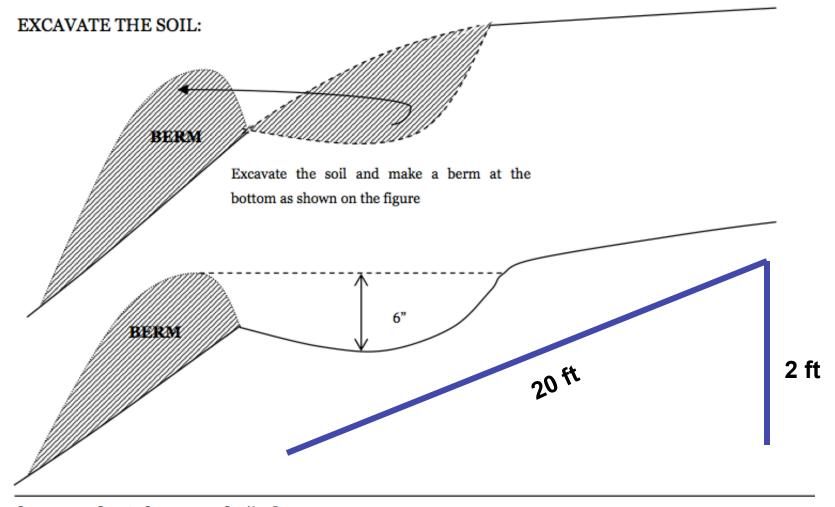
#### Integrate into existing landscaping





Photo: NCSU

#### Slopes >10% not ideal



#### **Infiltration Test**



- Dig 1' deep hole at potential locations (post hole digger) Fill with water – may want to prime the hole if it's been dry Measure drainage at each test hole Repeat & record average drainage rate
- Select rain garden location based on these initial tests



#### **Infiltration Test**

After location is selected, may do follow up infiltration test to evaluate soils and drainage of that particular area (especially if there are concerns about shallow water table, bedrock, hardpan, or other constraints that could interfere with stormwater infiltration)

Dig 2 or 3 holes at a depth of 2'

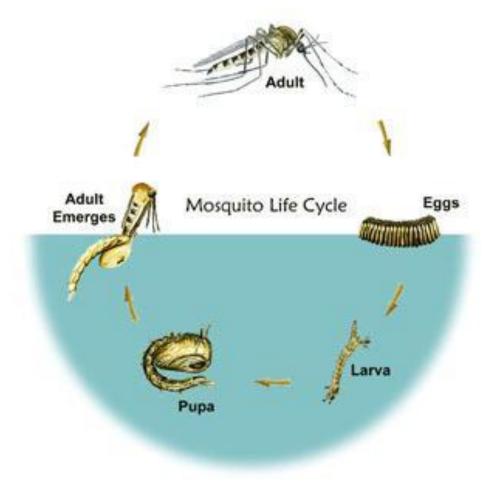
Fill with water

Record average drainage rate





# How long does it take a mosquito to go from egg to adult?





#### Infiltration Test: Rain Garden Type

Drain Time (Drainage Rate)	Appropriate Landscape Practice				
< 12 hours (> 1"/hr)	Standard Rain Garden				
12 – 36 hours (0.25-0.9"/hr)	Standard Rain Garden (amended soils for better infiltration)				
> 3 days (< 0.5"/hr)	Wet Rain Garden				



#### **Amended Soils**

Mix in coarse sand (available from local garden shop) to loamy topsoil

Estimate one cubic yard of sand and compost / organic matter for every 100 ft<sup>2</sup> of rain garden (~ 3 in layer of amendment)





#### **Rain Garden Construction**

Add garden after other construction is finished

Take note of potential or active construction

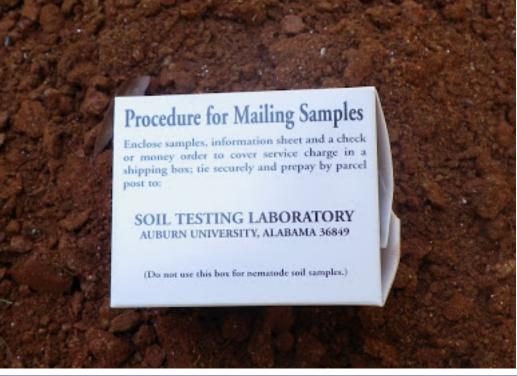




#### Soil Test – Don't Guess

Determine lime and nutrient requirements Important for initial plant establishment Results available in 48 hours

Best \$7 you'll spend!





#### Interpreting a Soil Test



#### Report on Soil Test

Auburn University Soil Testing Laboratory

Auburn University, AL 36849-5411

Dr Eve Brantley

202 Funchess Hall

Auburn, AL 36849

County:Lee

District:2

Test Date:11/19/12

RECOMMENDATIONS

LAB No.	S a m p l e Designation	Сгор	Sioil Group*	pH**	Phosphorus P***	Potassium K***	Magnesium Mg***	Calcium Ca***	LIME-STONE	N	P <sub>2</sub> O <sub>5</sub>	K₂0
					Pounds/Acre				Tons/Acre	Pounds/Acre		
03422	Ridgewood See Comments 1,2,3	Annuals	2	6.0	VL 10	H 198	H 201	H 1429	0.0	120	100	0
	Ridgewood See Comments 2,4,5	Perennials/Shrubs/Tree	2	6.0	VL 10	H 198	H 201	H 1429	0.0	120	120	0

SOIL TEST RESULTS

- Comment No.1: Per 100 sq. ft. apply 1 pint triple superphosphate (0-45-0)or equivalent and 1/2 cup 34-0-0 or equivalent when spring growth begins. Repeat the 34-0-0 application monthly until about August 1.
- Comment No.2: Final remark For small areas, comments give examples of ways to meet the fertilizer recommendations. Other fertilizer grades or materials that supply equivalent amounts of plant nutrients may be used with equal results. If you need assistance in calculating amounts of other materials to use, contact your county agent or fertilizer supplier. A pint of dry fertilizer is approximately 1 pound.
- Comment No.3: 1.0 Ton limestone per acre is approximately equivalent to 50 pounds per 1,000 sq. ft.
- Comment No.4: Per 100 sq. ft. apply 1 pint triple superphosphate (0-45-0)or equivalent and 1 cup 34-0-0 or equivalent in early spring and then apply 1 cup 34-0-0 in early summer.

Comment No.5: Shrubs - Final remark on liming. For shrubs such as azaleas, gardenias, and rhododendron, which require acid soil do not apply lime. If the pH is below 5.0 you may wish to check with your county agent concerning the advisability of using a reduced rate of lime for these shrubs.



## **Closing Thoughts**

Ask PE or RLA for help with larger rain gardens, bioretention, or for steep slopes

Avoid concentrating runoff towards neighbors

Designed to capture first 1" of runoff

Won't necessarily solve standing water or poor drainage

Not a solution for curing increased stormwater runoff from additional developments uphill

Sediment will clog a rain garden









