

# Low Impact Development Summit

April 9-10, 2014



# Thank you

Alabama Cooperative Extension System

Auburn University

Alabama Soil and Water Conservation Committee

Alabama Department of Environmental Management

AU Water Resources Center

Homebuilders Association of Alabama

Alabama General Contractors

Alabama Association of Conservation Districts Urban Committee

USDA Natural Resources Conservation Service

Alabama Clean Water Partnership

# Goal

Bring together a diverse group of stakeholders to explore opportunities and identify obstacles to planning, designing, implementing and maintaining voluntary Low Impact Development (LID) in Alabama



# Diverse Stakeholders

Local government

State government

Federal government

Planners

Policy makers

Civil and environmental engineers

Landscape architects

Natural resource professionals

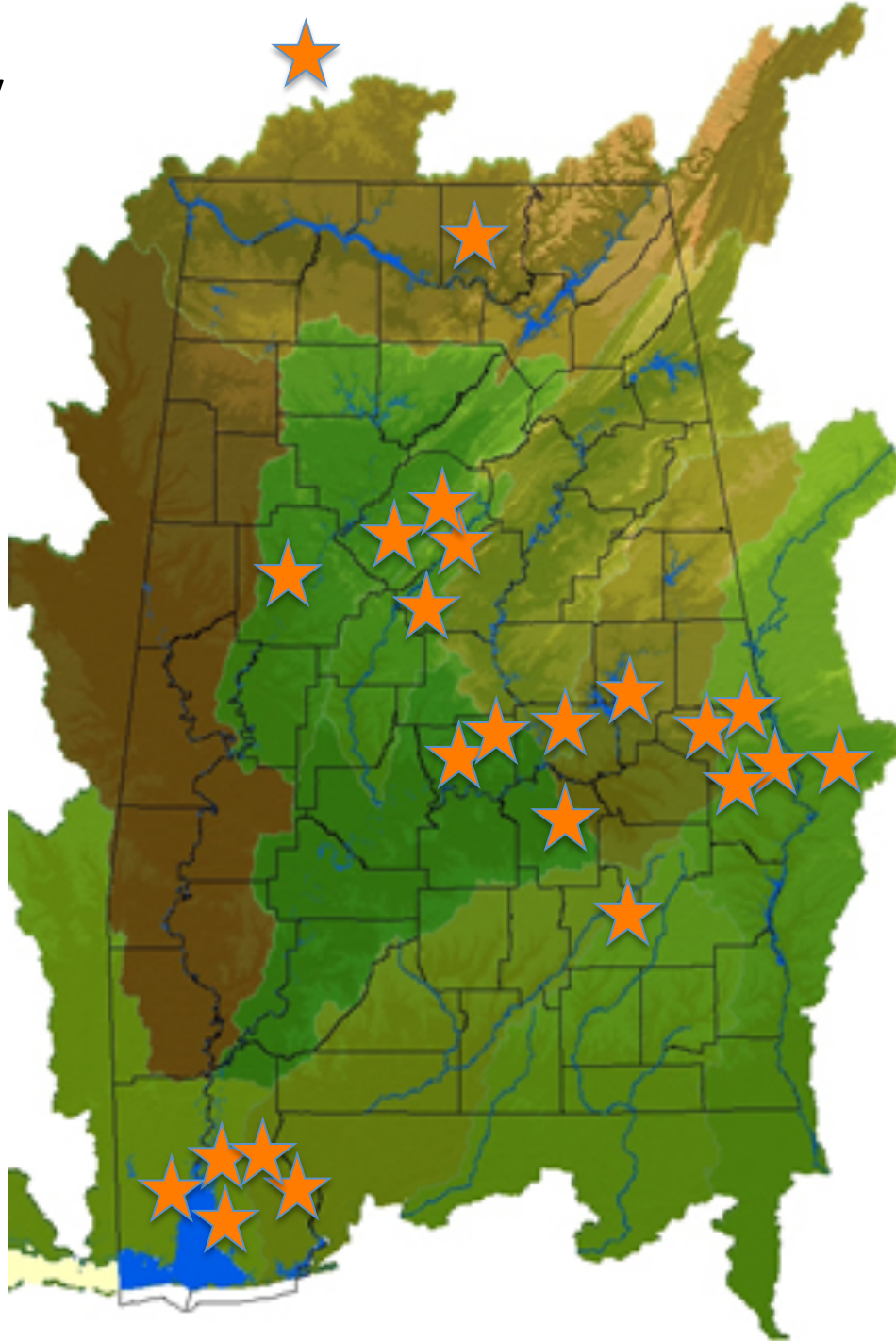
Development professionals

Consultants / private industry

Interested stakeholders



Alexander City  
Atlanta, GA  
Auburn  
Birmingham  
Calera  
Columbus, GA  
Daphne  
Fairhope  
Foley  
Hoover  
Huntsville  
Mobile



Montgomery  
Nashville, TN  
Opelika  
Phenix City  
Pelham  
Silverhill  
Smiths Station  
Titus  
Troy  
Tuscaloosa  
Wetumpka

# Goal

Bring together a diverse group of stakeholders to explore opportunities and identify obstacles to planning, designing, implementing and maintaining voluntary Low Impact Development (LID) in Alabama



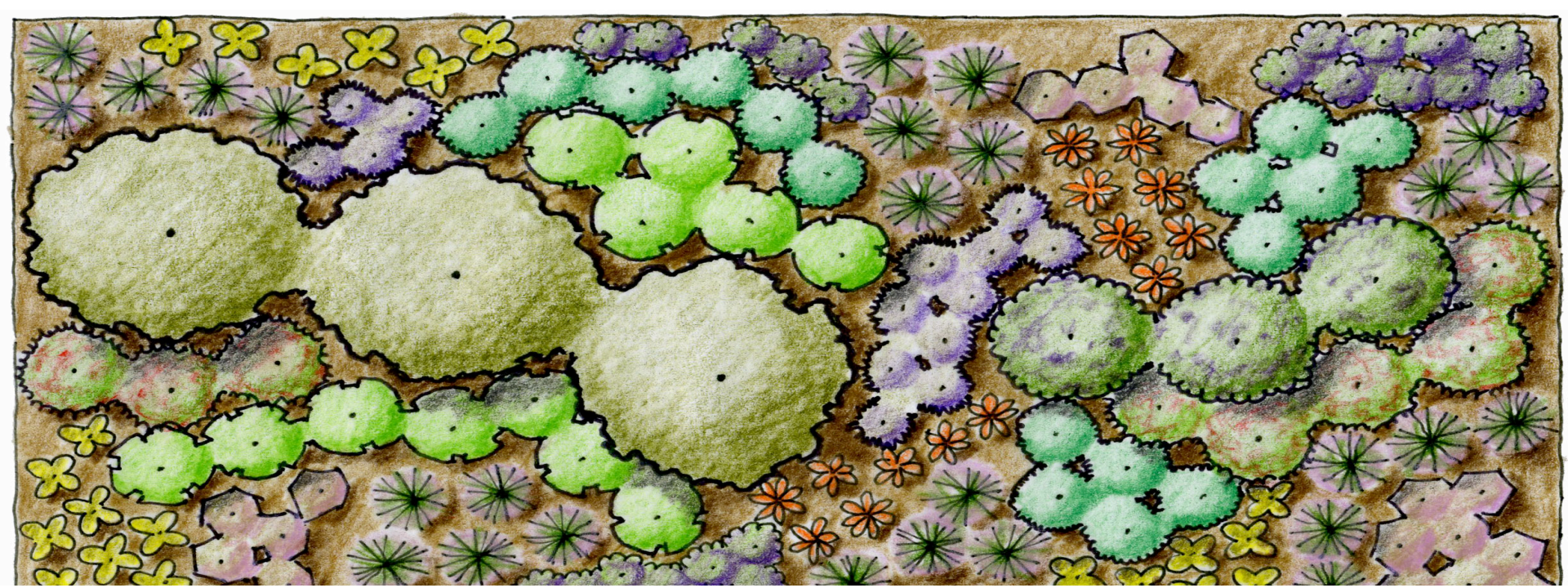
# Introductory Remarks

Overview of LID

Importance of Planning

Engineering Design Considerations

Regulatory Discussion



# Putting Together the Pieces: AL Case Studies

Design Engineering  
Landscape Architecture  
Project Coordination – multi-jurisdictional  
Community Planning





# Breakout Sessions

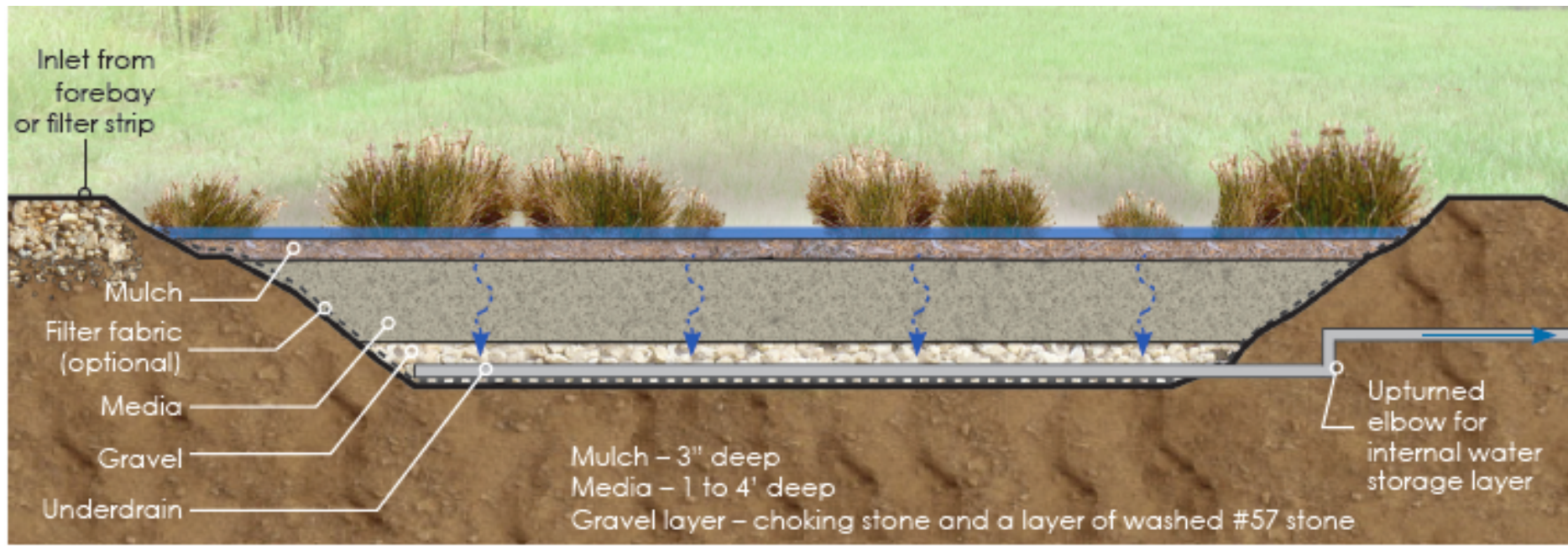
Developing a Green Infrastructure Plan

Community Buy-In

Designing Retrofits (Constrained Environments)

Design & Engineering (New Developments)

Codes, Ordinances & Planning



April 10

Breakout Sessions – Synthesize and Report  
Lessons Learned from the City of Atlanta  
Opportunities for Funding through State  
Revolving Fund



What is LID?

# What is LID?

Land development approach intended to reduce development impacts on water resources through stormwater management practices that infiltrate, evapotranspirate, or harvest & use stormwater on the site where it falls



# What is Green Infrastructure?

Natural and man-made landscape and features that can be used to manage runoff – network of practices



# Why Consider LID?



Photo: Dan Ballard



02.26.2010

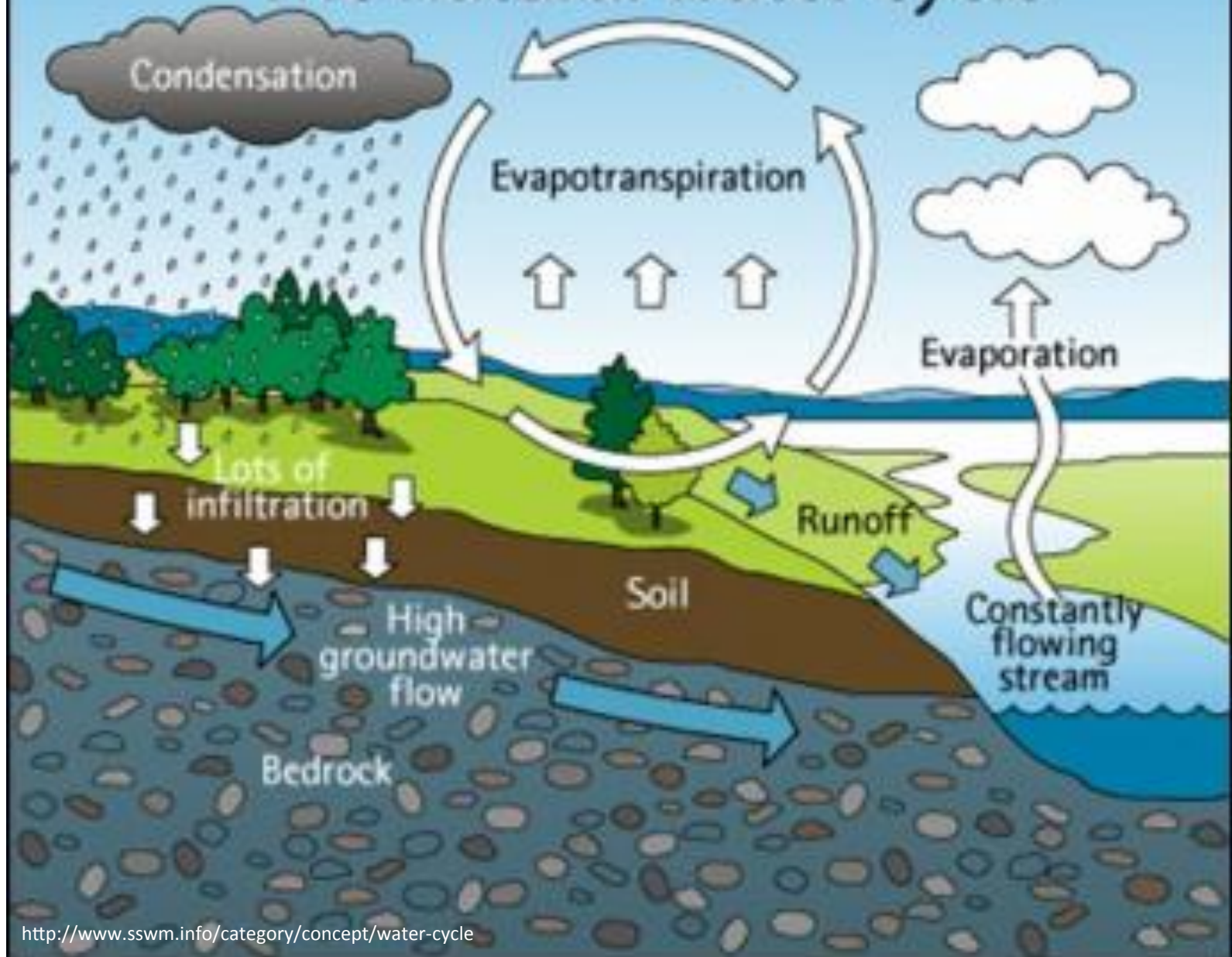
Photo: Dan Ballard



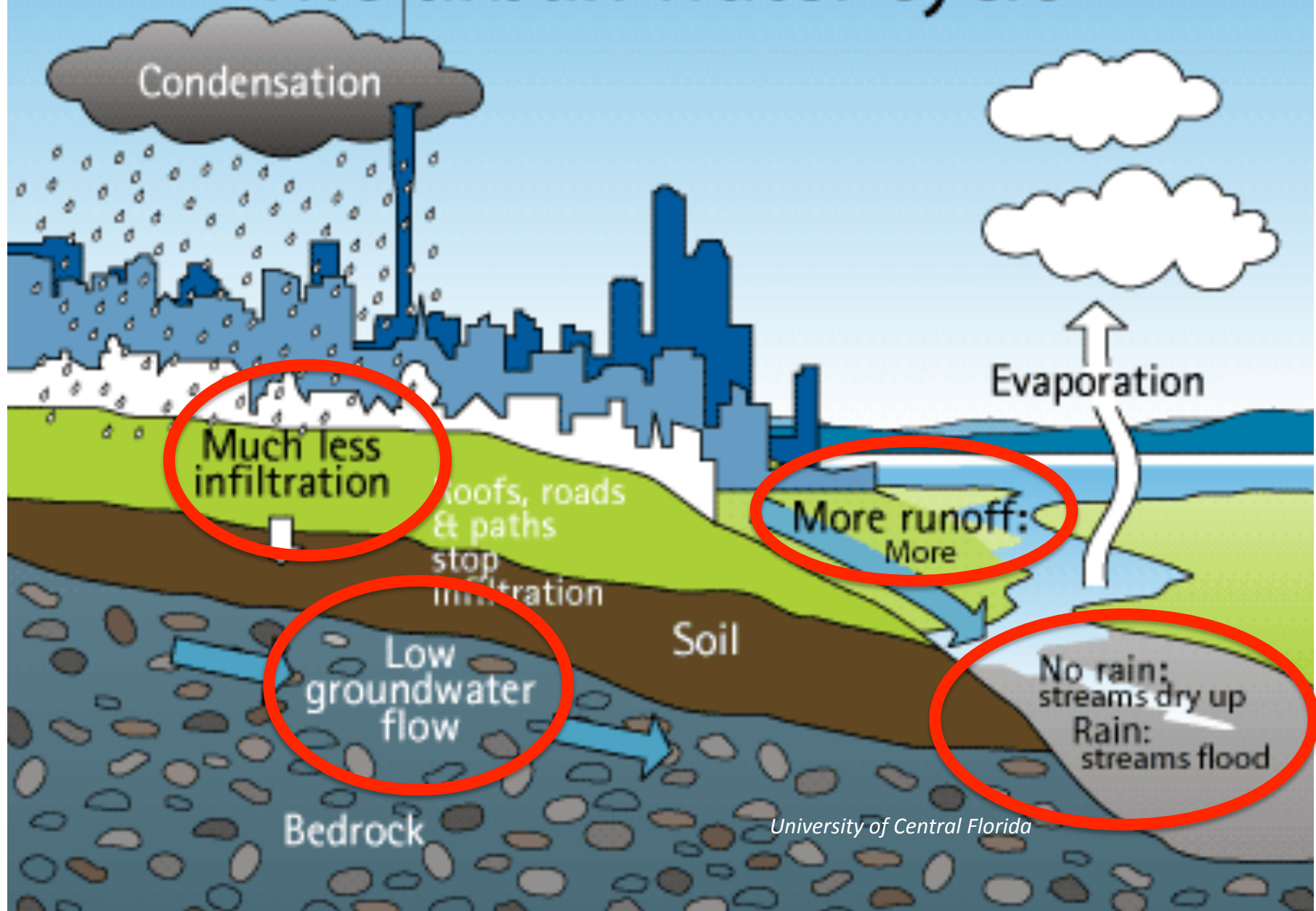


Photo: Dan Ballard

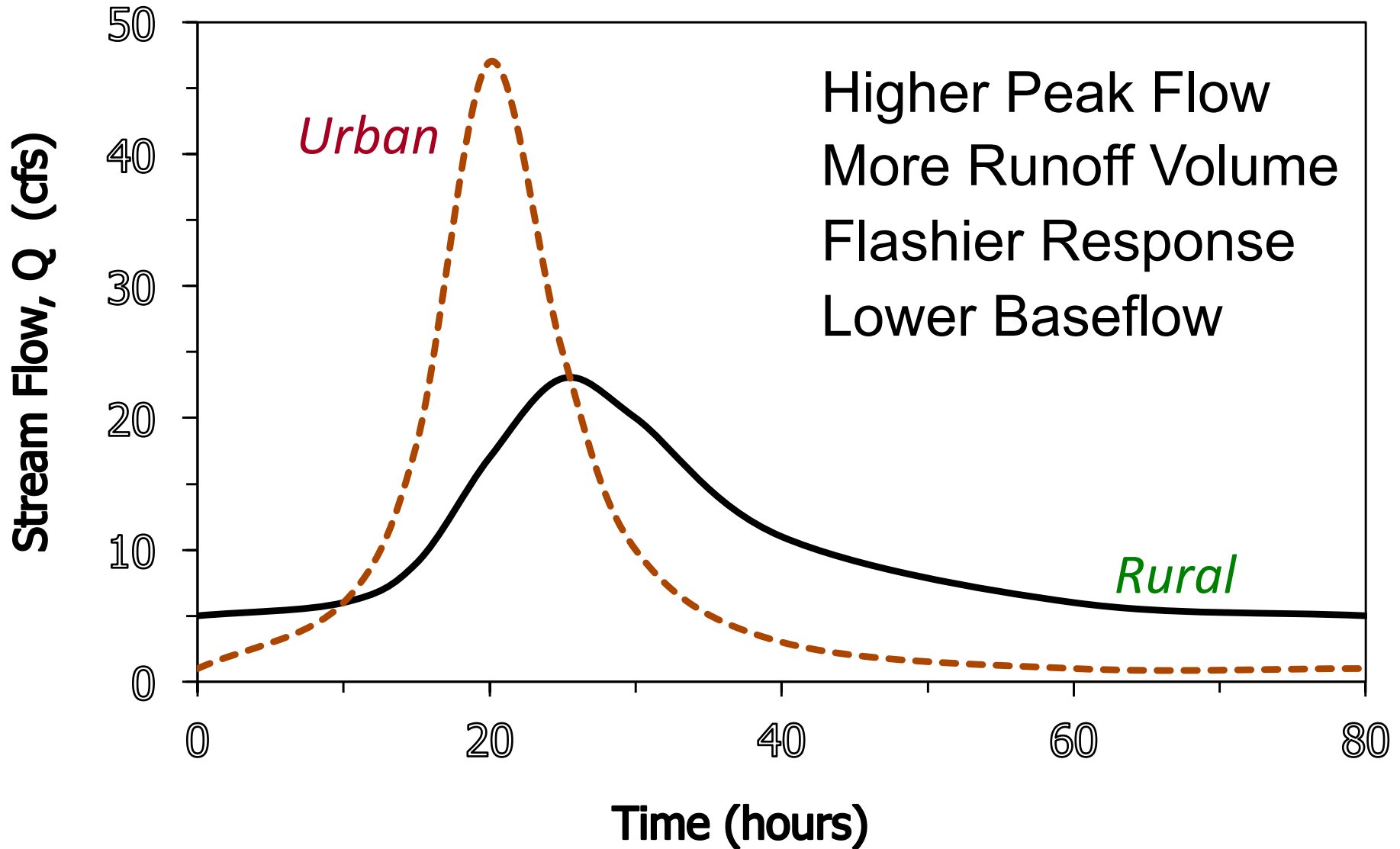
# The natural water cycle



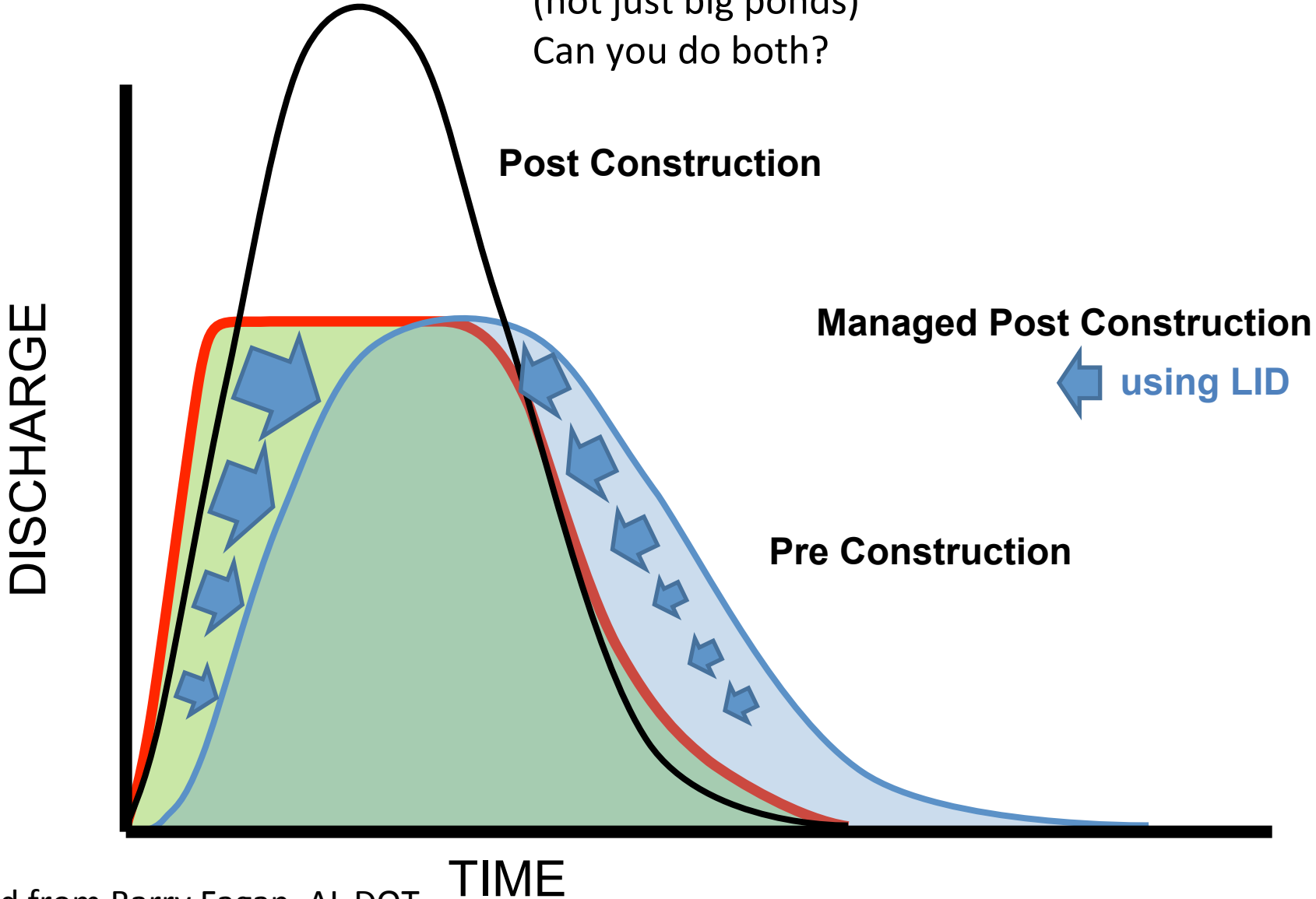
# The urban water cycle



# Hydrograph Changes Due to Urbanization



Important to control **peak flow**  
Need to include **volume control** to reduce stress on downstream systems  
(not just big ponds)  
Can you do both?



Adapted from Barry Fagan, AL DOT

# How do we achieve this?

Planning

Better Site Design (minimize impervious surfaces)

Proper Erosion and Sediment Control

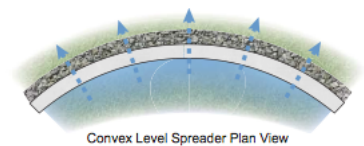
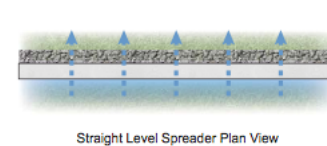
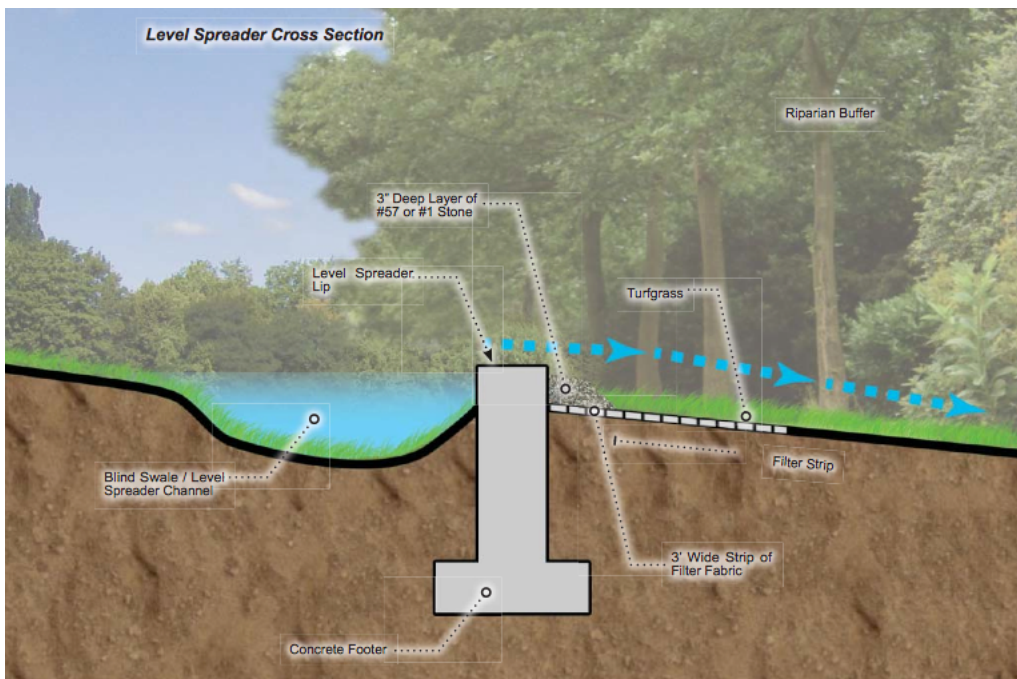
Stormwater Control Measures

Restoration and Enhancement



# Alabama LID Handbook

1. Guidance for stormwater control measure planning, design, construction and maintenance elements.
2. List provided of vegetation suitable for LID measures for different regions of Alabama.



# Alabama LID Handbook

1. Overview
2. Site selection
3. Community Planning
4. Stormwater control measures
5. Retrofits and alternatives
6. Appendices: Stormwater Hydrology; Model Codes and Ordinances; Maintenance; Vegetation



# Stormwater Control Measures

Bioretention

Constructed stormwater wetlands

Permeable pavement

Grassed Swales, Infiltration Swales, & Wet Swales

Level spreaders and Grassed filter strips

Rainwater Harvesting

Green Roofs

Riparian Buffers

General characteristics

Site selection

Constraints

Design Guidance

Design Example

Construction

Vegetation

Vegetation Design

Maintenance

Pollutant Removal

## Bioretention (BRC)



**Synonyms:** Bioretention basin

**B**ioretention cells (BRCs) remove pollutants in stormwater runoff through adsorption, filtration, sedimentation, volatilization, ion exchange, and biological decomposition. A BRC is a depression in the landscape that captures and stores runoff for a short time, while providing habitat for native vegetation that is both flood and drought tolerant. BRCs are stormwater control measures (SCMs) that are similar to the homeowner practice, rain gardens, with the exception that BRCs have an underlying specialized soil media and are designed to meet a desired stormwater quantity treatment storage volume. Peak runoff rates and runoff volumes can be reduced and groundwater can be recharged when bioretention is located in an area with the appropriate soil conditions to provide infiltration. Bioretention is normally designed for the water quality or “first flush” event, typically the first 1”-1.5” of rainfall, to treat stormwater pollutants. In certain situations, BRCs can also provide stream channel protection through minimizing peak discharges.

### Site Selection

<b>Quantity Control</b>	possible
<b>Drainage Area</b>	small-med
<b>Space Required</b>	med

*Works with:*

<b>Steep Slopes</b>	---
<b>Shallow Water Table</b>	---
<b>Poorly Drained Soils</b>	---

### General Significance

<b>Construction Cost</b>	med/high
<b>Maintenance</b>	med/high
<b>Community Acceptance</b>	med/high
<b>Habitat</b>	med
<b>Sun / Shade</b>	sun to p.shade

## ***Site Selection***

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<b>Sun / Shade</b>	sun to p.shade
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## **Table 4.1.1**

### **Site Selection: Constraints & Limitations for Bioretention**

Shallow Water Table	Locations where the seasonally high water table is less than 6' from the surface or less than 2' from the bottom of the cell are not suitable
Slope	Locations with 5% or less slope are recommended and flatter locations work best
Utilities	Call Alabama 811 before construction to locate utilities (for more information, visit: <a href="http://www.al1call.com">www.al1call.com</a> )
Unstable Soils or High Sediment loads	Locations that are not under active construction, changing soil conditions, or will not experience high sediment loads are recommended; clayey soils can clog media
Continuous Flow	Locations that will not experience continuous flow and are allowed to drain are recommended
Regional Stormwater Control	Bioretention is best suited in small drainage areas; if regional stormwater control is necessary, another SCM should be selected

**Table 4.1.10****Pollutant Removal Table**

<b>Sediment</b>	<b>Nutrients</b>		<b>Metals</b>	<b>Pathogens</b>
	<b>N</b>	<b>P</b>		
a.85%	40%	45%	No Data	No Data
b.80%	50%	60%	MOD	No Data
c.80%	50%	60%	MOD	No Data

a. NCDENR, 2007\*

b. City of Auburn, 2011

c. Georgia Manual, 2001

\* Research has demonstrated pollutant removal efficiencies of 60% for both N and P in the Coastal Plains.

Target Pollutant	Media Depth (ft)
Metals and Oils	1
Pathogens	2
Nutrients	3
Temperature	4

Alabama updates  
will be incorporated  
as we learn more ...

\*\*There is no recommended media depth for TSS removal because sedimentation occurs before runoff infiltrates the bioretention cell (Hunt and Lord, 2006).

Material	Recommended Depth (in)
Bioretention Media	36 or pollutant dependent
Washed Sand	4
Choking Stone	2
#57 Stone	6

Vegetation Type	Recommended Depth (in)
Herbaceous perennials and grasses	≤24
Shrubs	≥24
Small trees	≥36

## Bioretention Plant List

This is a suggested plant list for Bioretention in Alabama.

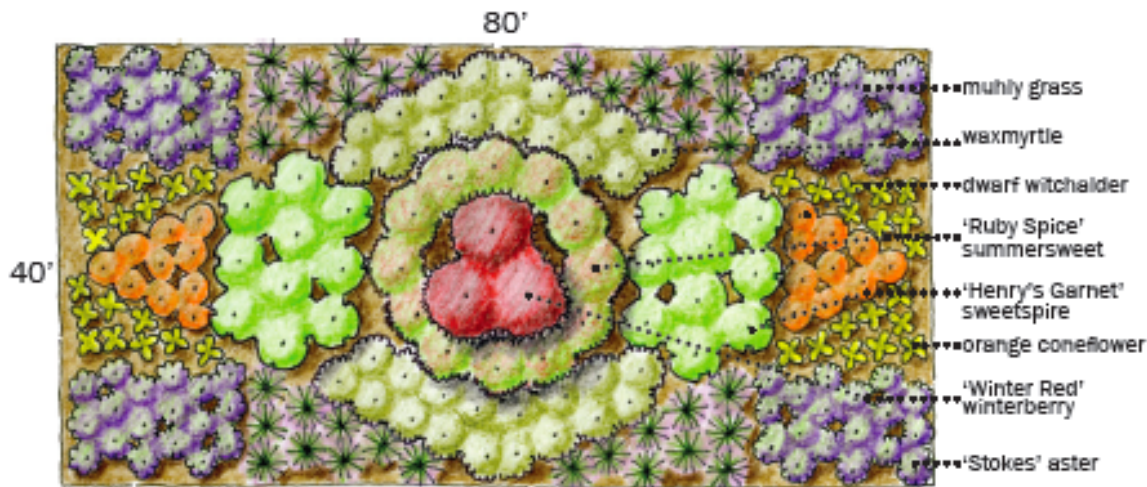
Botanical Name	Common Name	Habit	Prefers
<i>Clethra alnifolia</i>	summersweet clethra	deciduous shrub	sun to part shade
<i>Conoclinium coelestinum</i>	mistflower	herbaceous perennial	sun to part shade
<i>Fothergilla gardenii</i>	dwarf witchhazel	deciduous shrub	sun to part shade
<i>Ilex glabra</i>	inkberry holly	evergreen shrub	part shade
<i>Ilex verticillata</i>	winterberry	deciduous shrub	sun to part shade
<i>Ilex vomitoria</i>	yaupon holly	evergreen shrub	sun to part shade
<i>Itea virginica</i>	sweetspire	deciduous shrub	sun to part shade
<i>Lindera benzoin</i>	spicebush	deciduous shrub	sun to part shade
<i>Morella cerifera</i>	wax myrtle	evergreen shrub	sun to part shade
<i>Muhlenbergia capillaris</i>	muhly grass	herbaceous grass	sun to part shade
<i>Panicum virgatum</i>	switchgrass	herbaceous grass	sun to part shade
<i>Rudbeckia fulgida</i>	orange coneflower	herbaceous perennial	sun to part shade
<i>Stokesia laevis</i>	stoke's aster	herbaceous perennial	sun to part shade
<i>Vernonia gigantea</i>	giant ironweed	herbaceous perennial	sun
<i>Vernonia novboracensis</i>	New York ironweed	herbaceous perennial	sun
<i>Viburnum dentatum</i>	witherod	deciduous shrub	sun to part shade
<i>Viburnum nudum</i>	possumhaw	deciduous shrub	sun to part shade

## Bioretention Plant List

This is a suggested plant list for the bioretention cell.

### Vegetation Design Example 1

Recall the Bioretention design example. This bioretention cell is 40' x 80' and uses a mixture of small trees, shrubs, and perennials. It is symmetrical and can be viewed from all sides. The vegetation provides year round seasonal interest.



### Design 1 Plant List

Botanical Name	Common Name	Seasonal Interest	Quantity
<i>Clethra alnifolia</i> 'Ruby Spice'	'Ruby Spice' summersweet	Summer bloom	12
<i>Fothergilla gardenii</i>	dwarf witchalder	Spring bloom, orange to red fall color	20
<i>Ilex verticillata</i> 'Winter Red'	'Winter Red' winterberry	red berries in late fall and winter	3
<i>Itea virginica</i> 'Henry's Garnet'	'Henry's Garnet' sweetspire	Spring bloom, red fall color	20
<i>Morella cerifera</i> 'Tom's Dwarf'	'Tom's Dwarf' waxmyrtle	evergreen	34
<i>Muhlenbergia capillaris</i>	muhly grass	Fall bloom	36
<i>Rudbeckia fulgida</i>	orange coneflower	Summer and Fall bloom	36
<i>Stokesia laevis</i>	Stoke's aster	Spring and Summer bloom	72

Botanical Name

*Clethra alnifolia*

*Conoclinium coelestinum*

*Fothergilla gardenii*

*Ilex glabra*

*Ilex verticillata*

*Ilex vomitoria*

*Itea virginica*

*Lindera benzoin*

*Morella cerifera*

*Muhlenbergia capillaris*

*Panicum virgatum*

*Rudbeckia fulgida*

*Stokesia laevis*

*Vernonia gigantea*

*Vernonia noveboracensis*

*Viburnum dentatum*

*Viburnum nudum*



# Bioretention Plant List

**Vegetation Design Example 1**  
 Recall the Bioretention design example. The trees, shrubs, and perennials. It is symmetrical year round seasonal interest.

This is a suggested plant list for the Bioretention design example.

## Botanical Name

*Clethra alnifolia*

*Conoclinium coelestinum*

*Fothergilla gardenii*

*Ilex glabra*

*Ilex verticillata*

*Ilex vomitoria*

*Itea virginica*

*Lindera benzoin*

*Morella cerifera*

*Muhlenbergia capillaris*

*Panicum virgatum*

*Rudbeckia fulgida*

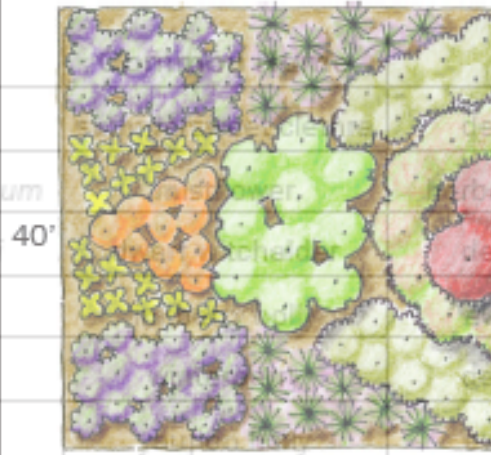
*Stokesia laevis*

*Vernonia gigantea*

*Vernonia novboracensis*

*Viburnum dentatum*

*Viburnum nudum*

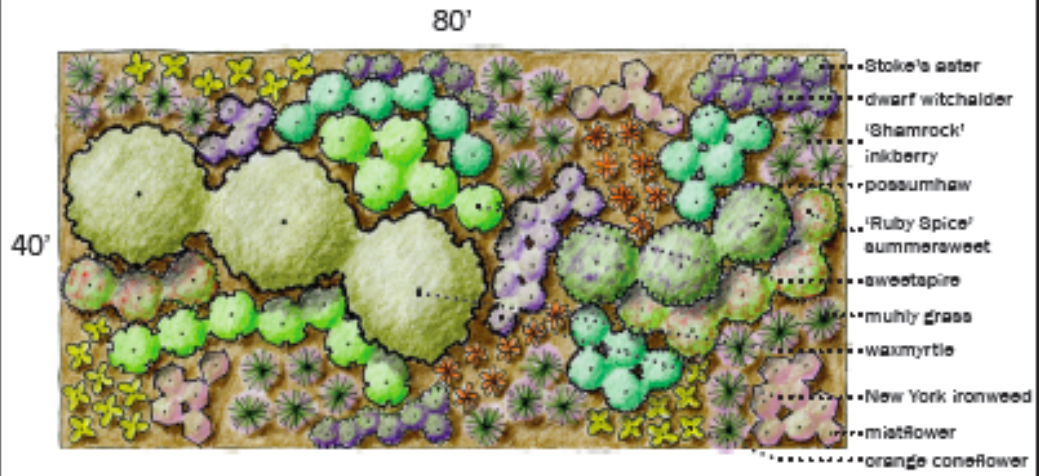


## Design 1 Plant List

Botanical Name	Common Name
<i>Clethra alnifolia</i> 'Ruby Spice'	'Ruby Spice'
<i>Fothergilla gardenii</i>	dwarf w
<i>Ilex verticillata</i> 'Winter Red'	'Winter Red'
<i>Itea virginica</i> 'Henry's Garnet'	'Henry's Garnet'
<i>Morella cerifera</i> 'Tom's Dwarf'	'Tom's Dwarf'
<i>Muhlenbergia capillaris</i>	muhl
<i>Rudbeckia fulgida</i>	orange c
<i>Stokesia laevis</i>	Stoke

# Design Example 2

The bioretention cell is 40' X 80' and again uses a mixture of small trees, shrubs, and perennials. It can be viewed from all sides and has year round seasonal interest.



## Design 2 Plant List

Botanical Name	Common Name	Seasonal Interest	Quantity
<i>Clethra alnifolia</i> 'Ruby Spice'	'Ruby Spice' summersweet	Summer bloom	8
<i>Conoclinium coelestinum</i>	mistflower	Summer and Fall bloom	18
<i>Fothergilla gardenii</i>	dwarf witchhazel	Spring bloom, orange to red fall color	14
<i>Ilex glabra</i> 'Shamrock'	'Shamrock' inkberry	evergreen	16
<i>Itea virginica</i>	sweetspire	Spring bloom, red fall color	12
<i>Morella cerifera</i>	waxmyrtle	evergreen	3
<i>Muhlenbergia capillaris</i>	muhly grass	Fall bloom	27
<i>Rudbeckia fulgida</i>	orange coneflower	Summer and Fall bloom	21
<i>Stokesia laevis</i>	Stoke's aster	Spring and Summer bloom	21
<i>Viburnum nudum</i>	possumhaw	Summer bloom, berries in Fall	3
<i>Vernonia novboracensis</i>	New York ironweed	Summer bloom	14

**Table 4.1.9  
Maintenance Schedule**

<b>Task</b>	<b>How Often</b>	<b>Comments</b>
Mulching	As needed, full replacement every 2 to 3 years	Bare areas from erosion should be replaced as necessary. Mulching can be done any time of the year, but the best time is late spring after soil has warmed. Mulch should be replaced annually if the watershed is high in heavy metals.
Re-planting	When plants die	If plants consistently suffer from mortality consider using more appropriate plant species for the area.
Weeding	Twice a year	Weeding should decrease over time as vegetation establishes.
Inspect plants	Monthly until establishment, then twice a year	Inspect for diseased or insect infested vegetation.
Inspection	After 0.5" or greater rainfall event	Visually inspect all components including any pretreatment, pipes, or IWS where applicable.
Fertilization	At planting	Most BRCs are used in nutrient sensitive watersheds. Fertilizing beyond plant establishment will increase nutrients leaving the BRC.
Unclog Underdrain Pipes	As needed	Ponded surface water should drain away within 12 hours or less (i.e. eliminate standing water conditions). If water remains ponded on the surface of the cell for longer than 12 hours this may indicate that the underdrain pipe or cell media is clogged.
Pruning	Annually	Pruning will help maintain plant shape. See Vegetation in Appendix D for pruning recommendations.
Sediment Removal	As needed	If sediment clogs the media, the top few inches may need to be removed and replaced. Removed sediment should be properly disposed of as it may contain toxic materials such as heavy metals. Contact the ADEM Environmental Services Branch for guidance at 334-271-7700 or 1-800-533-2336.
Trash Removal	As needed	In high traffic areas, frequent trash removal will be necessary.
Mulch removal from outlets	As needed	Mulch may collect in the outlet or overflow during heavy rains.

# Retrofits and Alternatives

Rain gardens

Curb cuts

Rain barrels

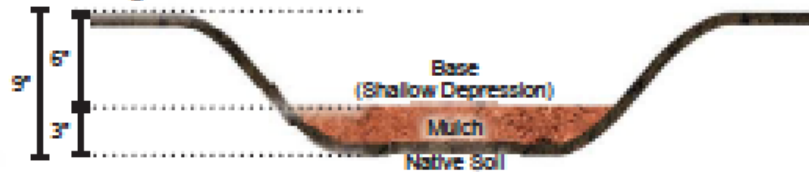
Disconnecting downspouts



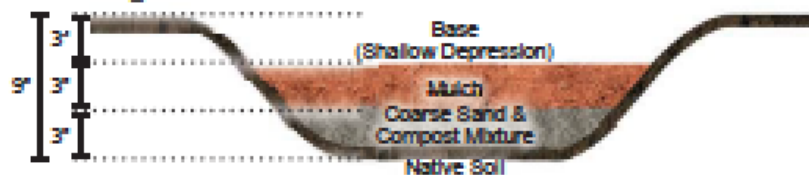
# Rain Gardens

## Rain Garden Excavation Depths

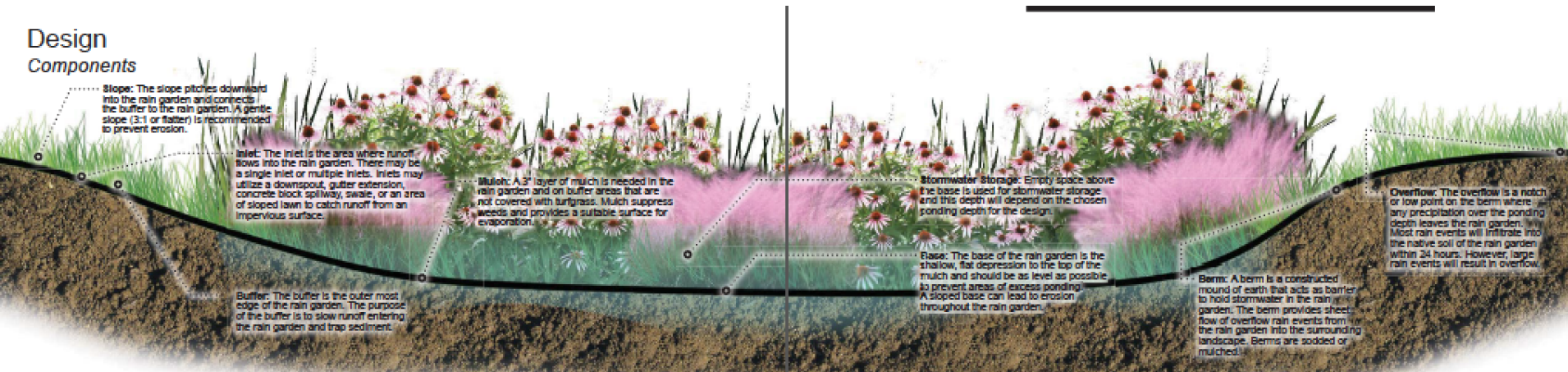
### 6" Ponding Rain Garden - no soil amendments



### 3" Ponding Rain Garden - with soil amendments



## Design Components



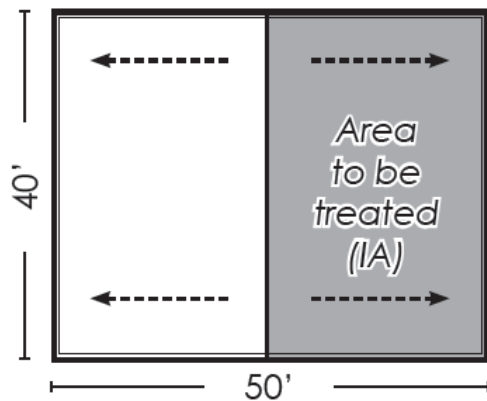


## Design Example

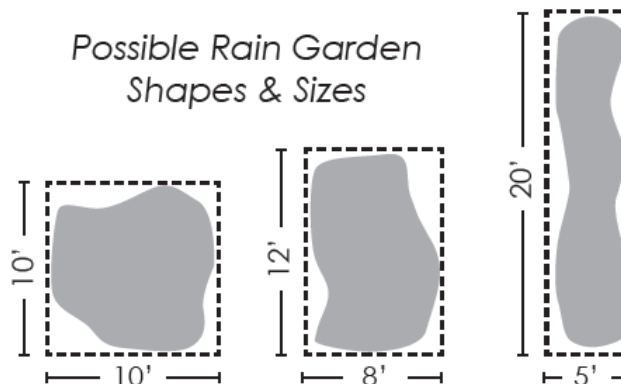
A residential rooftop is 50' by 40', for a total of 2,000ft<sup>2</sup> of impervious area. It is desired that half of the runoff from the rooftop will be directed to the rain garden. The owner prefers 3" of ponding (sandier soils) and would like to capture the first inch of rainfall.

Roof area = 2,000 ft<sup>2</sup>, treating ½ of the rooftop runoff  
 Impervious Drainage Area to be treated = 1,000 ft<sup>2</sup>  
 Ponding depth = 3"

$$\text{RG Size} = \frac{1000}{10} = 100 \text{ ft}^2$$



Possible Rain Garden Shapes & Sizes



# Community Planning

Enabling codes and ordinances

Examples from Alabama, Southeast, & nation



# Reference and Resource

LID guide for range of audiences

Reference for current design recommendations

Pollutant removal estimates

List of native plants appropriate for LID practices



Can it work?



# Economic Benefits of LID

Lenexa, KS - Savings of tens to hundreds of thousands of dollars in site work and infrastructure costs with the application of LID for different types of developments. In most cases, savings more than offset costs associated with the systems development fees. Analysis helped to gain developer support for standards and fee.

**Case Studies Analyzing the Economic Benefits of Low Impact Development and Green Infrastructure Programs – EPA August 2013**

# Economic Benefits of LID

Charlotte-Mecklenberg, NC - Analysis showed stream restoration is the most cost-effective way to immediately control sediment in this area. Prioritization allows the county to implement need-based, rather than opportunity-based, projects. (drinking water reservoir concerns)

# Economic Benefits of LID

Alachua County, FL - Proximity to open space adds to parcel value, for an increase in property tax revenue of several million dollars per year compared to not having the added open space parcels.

What does success look like?



Photo: Dan Ballard